



**HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE**

Response Date: 25/09/2026

2026/959 - Police staff NFI Fitness standards/testing

In response to your recent request for information regarding;

Please could you provide the following information as of the date of this request:

Police Staff NFIs –

Does your force employ or utilise police staff NFIs?

North Wales Police does not currently have one, Cheshire have one, who North Wales Police are in a collaboration with (The Alliance). The Cheshire police staff NFI trains North Wales officers.

If yes, how many do you currently employ?

As above

Are police staff permitted to act as lead instructors, or do they act as support instructors only?

Lead

Fitness testing –

Are police staff NFIs required to undertake a fitness test as part of their role or to maintain their NFI status?

Yes

If yes, please specify;

The type of fitness test undertaken

Bleep

The required level /standard

Level 5.4

How frequently the test must be completed

Annually

Police staff support Instructors-

Do you employee police staff support instructors?

No

If yes, please specify;

The type of fitness test undertaken

The required level /standard

How frequently the test must be completed

Not applicable

Pencadlys yr Heddlu,
Glan-y-Don, Bae Colwyn LL29 8AW
www.heddlugogleddcymru.police.uk

Police Headquarters,
Glan-y-Don, Colwyn Bay LL29 8AW
www.northwales.police.uk

Policy/documentation –

Please provide copies or links to any current force policy procedure, guidance that sets out the fitness requirements of for police staff NFIs either in a lead or support instructor role.

The following extract is from NWAPC Minima & Role Profiles 26/27 document;
Level 5.4 (Police Staff NFI/Police Officer NFI in non-operational armed policing role).

I would prefer the information to be provided electronically and for clarity, I am seeking information relating to police staff NFIs rather than warranted police officers unless the fitness standard applies to both groups.

THIS INFORMATION HAS BEEN PROVIDED IN RESPONSE TO A REQUEST
UNDER THE FREEDOM OF INFORMATION ACT 2000, AND IS CORRECT AS AT 24/09/2026