



HEDDLU
GOGLEDD CYMRU
NORTH WALES
POLICE

Response Date: 20/02/2025

2025/129 - Police Mental Health Absences

In response to your recent request for information regarding;

- 1. How many police officers and members of staff have taken at least one day off work due to mental health issues in the past three years? (Broken down by calendar years: 2022, 2023, 2024)**

1a. Could these issues be broken down into specific types of mental conditions such as stress, anxiety, depression, PTSD, etc.? (Broken down by years: 2022, 2023, 2024)

Absence Year	2022	2023	2024	2025
OFFICER	158	174	209	22
PD - ANXIETY	45	33	35	2
PD - DEPRESSION	19	17	19	2
PD - OTHER MENTAL DISORDERS	4	2	3	
PD - OTHER STRESS	89	120	124	11
PD - POST TRAUMATIC STRESS	1	1	6	1
PD - WORK RELATED STRESS		1	22	6
STAFF	99	117	188	17
PD - ANXIETY	33	29	47	3
PD - DEPRESSION	11	11	4	1
PD - DRUG OR ALCOHOL PROBLEMS		1		
PD - OTHER MENTAL DISORDERS	2	3	6	1
PD - OTHER STRESS	50	72	108	10
PD - POST TRAUMATIC STRESS	3	1	1	
PD - WORK RELATED STRESS			22	2
Grand Total	257	291	397	39

1b) Of those who had taken time off due to mental health, how many subsequently left the force? (Broken down by years: 2022, 2023, 2024)

Leave Year	2022	2023	2024	2025
OFFICER	26	62	58	4
STAFF	32	72	79	9
Grand Total	58	134	137	13

2. Can you provide an estimated cost of absences (of any kind, including for mental health) to the force in the last three years? (Broken down by years: 2022, 2023, 2024)

We don't cost absences out

THIS INFORMATION HAS BEEN PROVIDED IN RESPONSE TO A REQUEST
UNDER THE FREEDOM OF INFORMATION ACT 2000, AND IS CORRECT AS AT 17/02/2025